



MIDWESTERN STEAKHOUSE
Roger's Finest Home Cooking

4308 E. Main St.
Mesa, Az 85205

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Email: info@midwesternmeats.com

Mon-Fri 11am to 8pm
Saturday 8am to 8pm
Sunday 8am to 1pm

Lunch Served
11am to 330 pm

Dinner Served
330pm to 8pm

Saturday & Sunday Breaklunch
8am to 1pm

Lunch Menu

Hamburgers and eggs are cooked to order. Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food-borne illness.

Hot Sandwiches

All Substitutions \$.75!

Served with homemade coleslaw and your choice of fries or potato salad.

Burgers

Hamburger	\$6.89
Cheeseburger	\$7.19
Cheese & Bacon Burger	\$7.69
Mushroom, Cheese and Bacon Burger	\$7.99
Bleu Cheese Burger	\$7.69
Jalapeno Cheeseburger	\$7.69
Southwestern Burger	\$7.99
(Green Chili, Swiss Cheese, Onion, BBQ Sauce)	
Midwestern Burger	\$7.99
(Bacon, Mushrooms, Am Cheese, Bleu Cheese)	
Meatboy Burger	\$8.99
(Double Decker, Double Cheese, Bacon, Onions)	
Turkey Burger	\$7.49
(¼ lb Ground Turkey Patty)	

STUFFED BURGERS

Bacon Cheddar Burger	\$7.99
Bleu Cheese Burger	\$7.99
Jalapeno Pepperjack Burger	\$7.99
Diablo Burger	\$7.99
(Pepperjack Cheese, Bacon, Jalapeno's)	
Swiss, Onion, Bacon Burger	\$7.99

Meaty Sandwiches

Patty Melt	\$7.39
Club	\$7.89
Breaded Pork Tenderloin	\$7.89
Grilled Pork Tenderloin	\$7.39
Philly	\$7.99
Chicken Philly	\$7.49
BBQ Beef or BBQ Pork	\$6.99
Ribeye Steak Sandwich	\$7.99
French Dip	\$7.69
Monte Cristo	\$7.69
Reuben	\$6.99
Pastrami Melt	\$6.99
Open Face Hot Beef	\$7.69
(comes with Mashed and Vegetable)	

Brats, Dogs, Chicken, fish, plus

¼ lb. Hot Dog (add \$1 for Chili)	\$4.99
Bratwurst w Sauerkraut	\$7.29
Hot or Sweet Italian Sausage with Peppers	\$7.29
Grilled Chicken Breast	\$6.99
Malibu Chicken Breast	\$7.59
Grilled Cheese	\$4.99
Grilled Ham and Cheese	\$5.99
Cod Plate (2 pieces of Fried Cod)	\$7.69
Cod Sandwich	\$7.99
Chicken Tenders	\$6.49

Cold Sandwiches

Served with homemade coleslaw and chips.
Substitute for Chips \$.75

Turkey	\$5.99
Ham	\$5.99
Roast Beef	\$6.29
Pastrami	\$5.99
BLT	\$5.99
Tuna Salad	\$5.99
Chicken Salad	\$5.99
Egg Salad	\$5.99
Ham Spread	\$5.99
Trio Salad	\$5.99
½ Sandwich and Cup of Soup	\$5.99

Desserts

Slice of Homemade Pie only \$.99

All Bakery items are available for dessert. Just let your server know, and she will get it for you.

**STEAK DINNERS AVAILABLE FOR LUNCH
BY REQUEST**

Great salads

House Salad	\$3.99
Prime Rib Salad	\$8.99
Chicken Caesar Salad	\$7.29
Oriental Crispy Salad	\$7.29
Grilled Chicken Salad	\$6.99
Garden Chicken Salad	\$6.99
Chef's Salad	\$7.29
Taco Salad	\$6.99
Mediterranean Salad	\$7.99
Teriyaki Chicken Salad	\$6.99
Breaded Pork Tenderloin Salad	\$6.99
Tuna Salad Salad	\$6.99
Chicken Salad Salad	\$6.99

WRAPS

Chicken Caesar Wrap	\$6.99
Mediterranean Chicken Wrap	\$6.99
Teriyaki Chicken Wrap	\$6.99
Chef's Wrap	\$6.99
Chicken Pico De Gallo Wrap	\$6.99

(All wraps come with cottage cheese on side)
(Sauce comes in wrap, ask for it on side)

Appetizers

Soup of the Day	
Bowl	\$2.99
Cup	\$1.49
House Chicken Wings	\$6.99
(Hot available by request)	
Teriyaki Chicken Wings	\$7.49
Potato Skins	\$7.99
Chicken Tenders Basket	\$5.99
(Tenders and Fries)	
Onion Rings	\$3.99
French Fries	\$2.99

DRINKS

Soda	\$1.99
(Coke, Diet Coke, Sprite, Root Beer, Mr. Pibb)	
Lemonade	\$1.99
Iced Tea	\$1.99
(Fresh Brewed or Raspberry)	
Milk	\$1.69
Coffee	\$.99

Alcoholic Beverages

Domestic Beer	\$3.50
(Bud, Bud Light, MGD, Miller, Miller Lite, Coors, Coors Light, Michelob Ultra, O'Douls)	
Specialty and Imported Beer	\$4.25
(Heineken, Corona)	
Wine	\$3.50
(White Zinfandel, Cabernet Sauvignon, Chardonnay and Merlot)	

OUR STORY

Iowan Roger and Sally McConnell opened *Midwestern Meats* in September 1990. Roger wanted to bring something to Arizona that just wasn't found: good meat and personal quality service. With 37 years of experience as a meat cutter and manager for *Fareways* in Iowa, Roger is passionate about his meats. All of his meats come directly from Iowa, where only the best cornfed beef is available.

The first meat shop was only 1,200 square feet. Roger and one other meat cutter were its only employees. Sally, who held a full-time job elsewhere, would go to the shop after hours to help with the cleaning and do the day's bookkeeping.

The meat shop was soon too small to serve the growing customer base. So, in June 1996, the meat shop moved to a new building with more than 5,500 square feet and a 34-foot meat counter. The 2-person crew grew to 10 full-time employees, and Sally was able to quit her job to join the team.

Six months after the grand opening, *Midwestern Bakery* was born. Like the meat shop, the bakery was to have only the best and freshest bakery goods. This meant everything was to be made from scratch daily. Today, the bakery is proud to serve baked goods to many local RV clubs and other restaurant businesses.

The successes of the meat and bakery, and the urgings of many loyal customers, encouraged Roger and Sally to open the Restaurant. Having no restaurant experience, the menu only consisted of two entrees when the Restaurant opened in February 1999. A full lunch or breakfast menu was unimaginable at the time. But, a strong commitment to quality service and meals, customers soon begged for lunch. Only three months old, the Restaurant began serving lunch. Today, the Restaurant is open every day, serving "Breaklunch" on Sundays.

Now in its 21st year, *Midwestern Meats* is introducing other departments, including *MegaMeatStore.com* (Home Delivery), *MidwesternFitness.com*, *BradysSauce.com* and *Catering*. This will allow us to take our great food products to the entire Valley

Visit Our Other Departments

Catering/Home Delivery

Rod McConnell

480-924-5855 or 480-226-0926

Meat

Open Monday thru Saturday
8 a.m. to 6 p.m.

Ph: 480-924-5855

Bundle Sheets/Custom Cuts and Packaging

Bakery/Deli

Open Monday thru Saturday
5 a.m. to 6 p.m.

Ph: 480-924-2105

info@midwesternmeats.com

Wholesale

Ph: 480-924-2494

Fitness

Ph: 480-862-5556

www.midwesternfitness.com

